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Okanagan



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the last word...

What We Love About The Okanagan

Insider information is everything. This issue we speak to Dale Gehring, owner of Landmark Clothiers, about some of his favourite things in the Okanagan.

1 Sparkling Hill: My wife and I love spending two or three days going to Sparkling Hill. We love the spa. I prefer steam and I also love saunas, but I love the diversity of treatments that are on offer. Afterwards you can go to the chill out room, go into the pool, then have dinner later at the restaurant. It's always good.

Lake Country Wine Trail: On our way back from Sparkling Hill, we love to drive through the valley and through Okanagan Centre, hitting wineries along the way. We stop at Ex Nihilo, and we often stop at Grey Monk for lunch.

Old Vines Restaurant at Quail's Gate: Quail's Gate is our hang out, and our favourite restaurant is Old Vines. When we have reg's come through from Canada and Europe, that's where we go. We do a nice wine tasting, and they always love the excellent food - the chef is always bang on and consistent. My favourite red wine there is the Old Vines Ranch Reserve, and my favourite white is the Chasselas.

4 Art Knappe: My wife loves flowers and plants, so Art Knappe's is my 'go to' if I am picking something up for her.

5 Gulsachan Village Centre: I go to L & D Meats and Deli, Paul's Produce, Codfather's Seafood Market. I love to cook, and Gulsachan Village is my one stop shop.

9 Mascarenhas Luxury Creations: This is a Kelowna-based company we are carrying in the shop. The owner, Marvin, is originally from Bermuda and creates luxury pens made from woods and shells salvaged from around the world. Each pen comes in its own lined, hand-carved case made from wood that has been sourced from shipwrecks. They make amazing Christmas gifts.

9 Bouchons Bistro: The Bouchons Bistro are always good as well. Mascarenhas Luxury Creations. This is a Kelowna-based company we are carrying in the shop. The owner, Marvin, is originally from Bermuda and creates luxury pens made from woods and shells salvaged from around the world. Each pen comes in its own lined, hand-carved case made from wood that has been sourced from shipwrecks. They make amazing Christmas gifts.

10 Third Space Coffee: I like Third Space a lot. It's a cool spot, and it's been a real traffic driver for our store. It's brought in a younger demographic, the fashion oriented person.



Edited by Deborah Langford-McCormack

Landmark Buildings: The area around the Landmark Build-

11 ing is a great place to walk around. There are lots of great restaurants and shopping opportunities.

12 that these reading glasses come in fashion forward styles.

13 Bouchons Bistro: Another favourite restaurant is Bouchons. The food is always consistent, and there is a little more diversity in the dishes. It has a very 'French bistro' environment. They have a great three course menu, which is fresh every day. One of the dishes I like is the stewed rabbit - not many places offer that in Kelowna.

14 Okanagan Weather: I moved here 34 years ago from Medicine Hat, and it was the best move I ever made.

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Cover page

